



Sensory Solutions
Occupational Therapy for Children

Feeling Overwhelmed?

Are you looking for more meaningful connection with your child?

Introducing ***The Bridge Program***

Parent Coaching to find solutions through connections!

Now you can get personalized strategies, resources, and support from an experienced occupational therapist to help you create a calmer, more connected family life—from wherever you happen to be.

Our virtual parent coaching offers expert guidance and practical tools to navigate daily challenges, meet your child's developmental needs, and strengthen your family's connection.

Specialized coaching, from an OT's perspective

Whether you're waiting for OT services or at any time you feel like you need additional support, our parent coaching program is here to help. Get expert strategies and compassionate guidance to make everyday life easier and more fulfilling for your whole family.



What Can I Expect?

Comprehensive coaching packages include:

- Collaborative support to help you define problem areas and prioritize your concerns
- Development of a personalized action plan with specific outcome goals
- High quality virtual coaching in support of your priorities
- Individualized parenting strategies, tools and resources
- Regular monitoring of progress toward goals and celebration of wins

A Fast Track package is also available for parents needing help with a single high priority concern.

Pricing is dependent on what package best fit the needs of your family.

Meet Your Coach

Hello! My name is Meghan Rabello, an Occupational Therapist with 10+ years of experience working in pediatrics. I am passionate about collaborating with families to problem solve and help make meaningful change. I believe connection drives healing, which is why I approach each family with curiosity and a deep respect for their own unique journey.



Thank you for placing your trust in me. I look forward to connecting with you!
-Meghan

**Contact us today and request your
free 15-minute Exploratory Call.** 412-456-7890

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